

## COUNTRY FACT SHEET

### TOGO

(June 2014)



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## Table of Contents

I.	GENERAL INFORMATION .....	3
I.1.	Organization of the health care system .....	3
I.2.	Recent epidemics.....	3
II.	MEDICAL INFRASTRUCTURES .....	4
II.1.	General information.....	4
II.2.	Main hospitals:.....	5
II.3.	EQUIPMENT .....	6
III.	MEDICINE.....	7
III.1.	General informations.....	7
III.2.	List of principal pharmacies in Lomé.....	7
III.3.	Indicative prices of some malaria treatments: .....	8
IV.	ADOLESCENT, CHILDREN, MOTHER AND MENTAL HEALTH CARE .....	8
IV.1.	Children care .....	8
IV.2.	Adolescents care .....	9
IV.3.	Health of the mother .....	9
IV.4.	Mental illness .....	9
V.	HEALTH INSURANCE .....	10

## I. GENERAL INFORMATION

### I.1. Organization of the health care system

Togo is divided from the south to the north into six health care regions:

- Lomé District,
- the Maritime Region,
- The Plateau Region,
- The Central Region,
- The Kara Region and the
- Savanes Region.

These are subdivided into 40 districts.

The health care system is organized as a pyramid system with three levels:

- **The summit of the pyramid** corresponds to the Minister's cabinet at the General Direction of Health (DGS), the Central Direction, the University Hospitals, a National Laboratory (National Institute of Hygiene), and the National Blood Transfusion Center.
- **The intermediate or regional level** composed of six Regional Health care Directions (DRS), and six Regional Hospital (CHR) which are the : CHR of Lomé Commune, CHR of Tsévié, CHR of Atakpamé, CHR of Sokodé, CHR of Tomdè and CHR of Dapaong.
- **The prefectural or sanitary district level**, composed of 35 district hospitals, 571 little peripheral care units (USP), 356 private care units and 4 prefectural hospitals.

### I.2. Recent epidemics

Togo frequently faces two types of epidemics

- Cholera: most frequently in the Maritime Region
- Meningitis (types A and C) that breaks out in the Savanes Region,

During the first semester of 2014, several outbreaks of cholera occurred in 3 regions of Togo (Maritime, Plateaux and Central) with 38 diagnosed cases.

To control these two epidemics, national vaccination programs and other means of control, such as treatment of cases and hygiene measures are carried out.

## II. MEDICAL INFRASTRUCTURES

### II.1. General information

	<b>Savanes</b>	<b>Kara</b>	<b>Central</b>	<b>Plateaux</b>	<b>Maritime</b>	<b>Lomé District</b>	<b>Total</b>
University Hospital		1				2	3
Regional Hospital	1	1	1	1	1	1	6
Specialized Hospital				1	1		2
District Hospital	3	6	3	7	4	2	25
Confessional Private Hospital	1		1	4	2		8
USP	61	99	77	155	135	44	571
CMP/Private Community Clinic	10	9	13	23	4	5	64
Mother and Child Care		5		9	1		15
Group according to norms	76	127	95	200	148	54	694
Group of FS	73	140	78	192	371	70	924
Delivery Table	79	116	91	197	118	216	787
Pharmacies	02	04	02	05	46	128	187
Public Pharmacy Warehouses	3	12	6	16	13	3	53

## II.2. Main hospitals:

<p>CHU-TOKOIN University Hospital Centre BP 57 Lomé Tel: 00 (+228) 2221.25.01 / 2221.50.72 / 2221.08.48 Fax: 00 (+228) 2221.36.75 Email: <a href="mailto:chutokoinsp@yahoo.fr">chutokoinsp@yahoo.fr</a></p>	<p>CHU-CAMPUS University Hospital Centre Tel 2225.47.39 / 2225.47.68 PoBox: 30284 Lomé 03 Email: <a href="mailto:chu.campus@yahoo.fr">chu.campus@yahoo.fr</a></p>
<p>Polyclinique Internationale Saint Joseph 8, Boulevard du Haho (Hédrjanawoé) BP 10039 Lomé Tel: 00 (+228) 2226.72.32 / 2226.94.42 / 2226.94.43 / 2226.7232 Fax: 00 (+228) 226.76.55 Email : <a href="mailto:pisjo@hotmail.fr">pisjo@hotmail.fr</a></p>	<p>Clinique ALPIA 27, rue des Manguiers (Hanoukopé) BP 101 Lomé Tel: 00 (+228) 2221.63.95 Email : <a href="mailto:alpia_24@yahoo.fr">alpia_24@yahoo.fr</a></p>
<p>Clinique BIASA 30, rue du Pasteur Baeta (Nyékonakpoé) BP 2160 Lomé Tel: 00 (+228) 2221.11.37 / 2221.11.60 email: <a href="mailto:biasa@cliniquebiasa.org">biasa@cliniquebiasa.org</a> Fax: 00 (228) 2222.11.60 Website: <a href="http://www.cliniquebiasa.org">www.cliniquebiasa.org</a></p>	<p>Hôpital Saint Jean de Dieu Afagnan Phone : (+228) 23 32 10 01 / 23 32 10 02 / 23 32 10 57)</p>
<p>Clinique Barruet Bd. Félix Houphouet Boigny, B.P : 4526 Tél : (228) 22 21 21 97 / 22 71 56 97 Email : <a href="mailto:cliniquebarruet@cliniquebarruet.com">cliniquebarruet@cliniquebarruet.com</a></p>	<p>Polyclinique St Antoine de Padoue Ahadji Kpota face à la Gendarmerie de Zorro Bar B.P : 61789 Tél : (228) 22 71 02 85 Email : <a href="mailto:goutadavi@yahoo.fr">goutadavi@yahoo.fr</a></p>
<p>Hopital Secondaire de Bè Rue de la Chapelle Bè Pa de Souza Tél : (228) 22 21 70 71 / 22 21 53 17</p>	<p>Clinique le Cœur Tokoin Wuiti Rue Bandjéli, B.P : 8197 Tél : (228) 22 26 84 81 / 22 61 03 11</p>
<p>Clinique Autel d'Elie Bè Pa de Souza, Rue du Temple, face Mosquée, B.P : 60638 Tél : (228) 22 22 63 13 Email : <a href="mailto:kadjenou@yahoo.fr">kadjenou@yahoo.fr</a></p>	<p>Clinique Polyvalente de l'Espérance Bd du Haho, 200m après Phcie de l'Immaculée, Hédzranawoé, B.P : 30546 Tél : (228) 22 26 66 11 Email : <a href="mailto:clinicesperance@yahoo.fr">clinicesperance@yahoo.fr</a></p>
<p>Clinique Mawubédzro 63, Rue Aflao- Gakli, B.P : 3247 Tél : (228) 22 25 04 21 Fax : (228) 22 25 04 29</p>	<p>Clinique Chirurgicale de Lomé Djidjolé pas loin de la Maison d'Adebayor, 04 B.P : 658 Tél : (228) 22 25 10 53 Email : <a href="mailto:clinique_cci@yahoo.fr">clinique_cci@yahoo.fr</a></p>

CHU de Kara University Hospital Centre: Tel: (+228) 2660.60.49	Regional Health care Center in Aneho Tel: (+228) 2331.05.57
Hospital in Kpalime Tel: (+228) 2441.04.15	Regional Health care Center in Kara Tomdè Tel: (+228) 26600246
Regional Health care Center in Sokode Tel: (+228) 2550.01.78	Regional Health care Center in Atakpame Tel: (+228) 2440.00.01
Regional Health care Center in Dapaong: Tel: (+228) 2770.81.31	Regional Health care Center in Lomé Commune Tel: (+228) 22212311
Hôpital psychiatrique de Zébè (Aného) Phone : (+228) 23310163.	Centre de santé mentale Saint Jean de Dieu d'Agoè-Nyivé Phone : (+228) 22 51 54 17 or 23 20 00 40.

### II.3. EQUIPMENT

The equipment and materials are insufficient in most health care facilities of the different levels of the system. The medico-technical equipment existing is at the same time insufficient and obsolete. The minimum set of equipment doesn't comply with the minimal norms required.

The infrastructures allotted to the specific technologies such as the biological analysis laboratories and the blood transfusion centres are likewise worrying.

The two blood transfusion centres at Lomé and Sokodé not only are unable to cover all the needs in terms of blood and derived products but also face a lack of resources for their operations. This situation aggravates the transfusion insecurity in the epidemic context marked by the strong seroprevalence of HIV and transfused viral hepatitis.

The situation of biological analysis laboratories is characterized by certain anarchy due among other things to the absence of rules and/or laws aiming to standardize the tests performed and their methods, to harmonize the invoicing, control the quality of the services, and to the absence of means of inspection.

The cold chain logistics equipment and in particular the petrol containers, refrigerators and freezers are in general insufficient in relation to the needs and requirements of a good vaccine coverage pursued by national politics.

Most of the district hospitals no longer have ambulances for reference in cases of emergency. Certain ambulances available in the hospitals are unsuitable for prevailing road conditions. Certain private health care structures have at their disposal a set of

modern and efficient equipment.

Togo is receiving some assistance from its partners to deal with the above mentioned issues. Nevertheless the assistance received is still not sufficient. The main partners in the area of health are: WHO, UNFPA, UNICEF, Plan International, EU, French Agency for Development (AFD) and ICRC.

### III. MEDICINE

#### III.1. General information

The national centre for the provision of essential and generic medicines, known as CAMEG, set up in September 1996, is responsible for the supply of the health care facilities with essential medicines in the whole country. The last update of list of essential medicines was done in 2007 with support of French Agency for Development (AFD). The rate of availability of the essential and generic medicines was approximately 80.98% in 2003. The part of medicines in the current expenditure was 45.6%.

The private pharmaceutical sector has 187 pharmacies and five distributing wholesalers as well as two private factories for manufacturing and packaging medicines. Regarding pharmaceutical structures:

- 7 authorized distributing wholesalers (CAMEG GTpharm, Socopharm, Sotomed, Uniphart, Tongmei and Sprukfield)
- Hospital pharmacies
- 187 private pharmacies of which 130 at Lomé
- 52 authorized private warehouses

#### III.2. List of principal pharmacies in Lomé

<u>Name</u>	<u>Address</u>	<u>Phone</u>
Pharmacie de l'Hopital	Angle rue Hopital et Tantigou	2220.08.08
Pharmacie pour tous	Avenue de Calais	2221.63.89 / 2222.59.49 Email: <a href="mailto:ggialabs@yahoo.fr">ggialabs@yahoo.fr</a>
Pharmacie du Boulevard	Bd du 13 Janvier, Doulassame	2221.65.49
Pharmacie des Etoiles	10 Av. de la Nouvelle Marche, B.P : 3484	22 22 45 04 / 22 21 88 47 Email : <a href="mailto:phcie_des_etoiles@yahoo.fr">phcie_des_etoiles@yahoo.fr</a>
Pharmacie Yembla	Avenue Akwei, Rue 258, Tokoin Tamé, Wuiti B.P : 20633	22 26 76 51 Email : <a href="mailto:yemblak@yahoo.fr">yemblak@yahoo.fr</a>
Pharmacie de l'Aéroport	631, Bd. Du Haho, B.P : 3717	22 26 21 22 Email : <a href="mailto:hobri@laposte.tg">hobri@laposte.tg</a>

Pharmacie Bethel	Bd. Du 30 Août, Avatamé, B.P : 1236	22 25 23 70
Pharmacie Adonai	Face Motel Plantation, Agoé, 03 B.P : 31008	22 50 04 55 / 22 37 44 00
Pharmacie Source de Vie	Bd. De la Victoire, Face Collège Protestant B.P : 147	22 22 45 71
Pharmacie des Oliviers	266 Bd. Félix H. Boigny, Akodessewa, B.P : 8480	22 27 04 34
Pharmacie de l'Union	Bd. Malfakassa Bè Kpota	22 27 71 64
Pharmacie 2000	Bè Kpota près du marché Dzifa	22 70 01 69
Pharmacie Verseau	Route d'Aného, Baguida, B.P : 60660	22 27 34 53

### ***III.3. Indicative prices of some malaria treatments:***

Artemether (50 mg): 3,445 FCFA (approximately 5.30 EUR)

Artesunate (50mg): 3,445 FCFA (approximately 5.30 EUR)

Coartem CP B/6: 4,020 FCFA (approximately 6.20 EUR)

## **IV. ADOLESCENT, CHILDREN, MOTHER AND MENTAL HEALTH CARE**

### ***IV.1. Children care***

The activities of the Integrated Treatment and Management of Diseases of Infancy (PCIME *Prise en Charge Intégrée des Maladies de l'Enfance*) are at the experimental stage and cover 27.5% of the country. A system of integrated surveillance of diseases has been set up with an emphasis on illnesses with potential to become epidemics and diseases to be eradicated / eliminated such as poliomyelitis, dracunculosis, neonatal tetanus, etc.



## **IV.2. Adolescents care**

Currently, the health care services for children and adolescents are limited to the services offered at health facilities in particular those integrating reproductive health. Health problems specific to children with specific needs including drug abuse and other forms of violence including child trafficking are subject of increasing attention from national authorities with support from international partners.

A lot of NGOs and associations act in the promotion of the health of children and adolescents, including: The Togo Association of Family Welfare (*Association Togolaise pour le Bien-être Familial* (ATBEF)), Family Health and the prevention of Aids (*Santé familiale et Prévention du Sida* (SFPS)), Population Service International (PSI) and the German Association of Technical Cooperation (GTZ).

## **IV.3. Health of the mother**

A national population policy and a document of policy, standards and protocol of family planning exist. National programs on women's health and on reproduction have been started. The quality of health care is reinforced in the family planning services. The rate of prevalence of contraception is 24% for all methods combined. Pregnant women benefit from a follow-up during pregnancy (82%) and assistance during the delivery (59%). The caesarean is free since 2009. Moreover, 49% of deliveries take place in the health care facilities (EDST-1998).

The persistence of violence connected to this branch of health care calls for the reinforcement of strategies for combating the behaviors and practices harmful to health.

## **IV.4. Mental illness**

There is no mental health center outside of Lomé and its suburbs:

- Centre Hospitalier Universitaire Sylvanus Olympio,
- Centre Hospitalier Universitaire Campus
- Hôpital Saint Jean de Dieu d'Afagnan
- Hôpital psychiatrique de Zébé (Aného)
- Centre de santé mentale Saint Jean de Dieu d'Agoè-Nyivé

The main psychiatrists are:

- Dr. DASSA CHU Campus (Centre Hospitalier Universitaire)  
Tel.: 00 (+228) 2225.77.68
- Prof. Djassoa (Psychiatrist) centre hospitalier Universitaire  
Tel. : (+228) 2225.77.68 ext 119

## V. HEALTH INSURANCE

Health insurance in Togo covers neither labourers of the agricultural sector nor those of the informal sector. The workers subject to the Labour Code are affiliated to the National Social Security Fund (CNSS *Caisse Nationale de Sécurité Social*). They contribute up to 2.4% of their gross salary and benefit from the following categories of service:

- a) Pensions for retirement, invalidity and surviving family members and dependents compensation: the administrative procedures are very cumbersome and allocation paid did not vary according to the increasing cost of living. The widow's pension is unique and discriminatory for women: the young widow can only receive this benefit after attaining 40 years of age.
- b) Family services, family benefits (limited to 6 children) and finally maternity leave.

8 health insurance companies (COLINA, NSIA, FIDELIA, GRAS SAVOYE, UAT, GTA C2A, INAM and ASCOMA) provide health insurance to individuals and groups. This insurance is only accessible to people whose incomes are incomes superior to the average.

The biggest companies in Togo (IFG, Port Autonome, Brasserie du Bénin, Société Togolaise de Coton, etc.) insure certain health care measures. The banks, the large commercial companies likewise, often reimburse 100% of the costs of healthcares to their workers.

The civil servants as well as those who retired and the members of their family members are the beneficiaries of an official health insurance mechanism, INAM (Institut National des Assurances Maladies) implemented by the national authorities. The medical care and medicine costs are covered at 80% of their prices in public hospitals. Cesarean is free.